



PUBLIC SPEAKING

Improve Your Presentation Skills

1 Day Program \$239

Breakthrough Public Speaking 1-Day Workshop with Jeffrey Benjamin

1-Day Workshop \$239

Public Speaking Training Skills

The 1-Day Public Speaking Training program is geared towards improving the public speaking skills of **managers, supervisors, business owners, entrepreneurs and key employees.**

Studies indicated that 3 out of 4 people suffer from speech anxiety; that is an astounding 75%. Your success can hinge on your effectiveness as a public speaker. Is lack of public speaking skills hindering your success? During the program participants will learn and practice over 21 proven techniques to improve their presentations skills, including effective ways to reduce apprehension, fear, stress and anxiety. Participants will gain a renewed sense of self confidence when speaking in public.

The program maximum is 9 participants.

Classes Held at: AGC Training Room
5400 Mill Street, Reno, Nevada



PUBLIC SPEAKING
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1 Day Program \$239

March 23, 2021
Reno, Nevada



PUBLIC SPEAKING
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May 18, 2021
Reno, Nevada



PUBLIC SPEAKING
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October 27, 2021
Reno, Nevada

DAY 1

Module One

Public Speaking - Fundamentals & Essentials

Module #1 - 8:30 AM to 12:00 PM

Morning Session – Module #1 will introduce ways to improve your public speaking and presentations skills. The program provides the template for creating and delivering a presentation that produces the actions and results you desire from your audience.

Building confidence giving presentations is a central focus of this module.

The program focus is on coaching you to have the confidence to command the attention of your audience by practicing the essential elements of public speaking.

Module Expectations:

- ✓ Overcome fear and anxiety associated with speaking.
- ✓ Utilize a simple 7 step formula to organize an presentation.
- ✓ Improve speaking presence and personal confidence.
- ✓ Create a positive connection with your audience.
- ✓ Learn ways to improve your tone of voice and non-verbal communication.
- ✓ Receive feedback on how to improve your public speaking skills.



Reserve Your Seat!

Class Limited to 9 Seats

Register By Phone: 775-337-1600

Register Online: PublicSpeakingReno.com

DAY 1

Module Two

Public Speaking - Practice & Feedback

Module #2 - 1:00 PM to 5:00 PM

Afternoon Session – Module #2 will continue to advance the practice of public speaking fundamentals. Each participant will deliver up to two presentations. Attendees will learn how to evaluate the performance of peers to help them enhance their skills.

Ways to improve tone of voice and an awareness of how non-verbal communication influences your message is a central focus.

The program will also continue the practice of ways to build confidence when speaking in front of others.

Module Expectations:

- ✓ Use a formula to evaluate speaking performance.
- ✓ Continue to practice your presentation skills.
- ✓ Understand how to target the needs of your audience.
- ✓ Receive feedback from peers on how to improve performance.
- ✓ How to use constructive criticism to improve your public speaking skills..
- ✓ Develop an action plan on how to continue to improve your presentation skills.



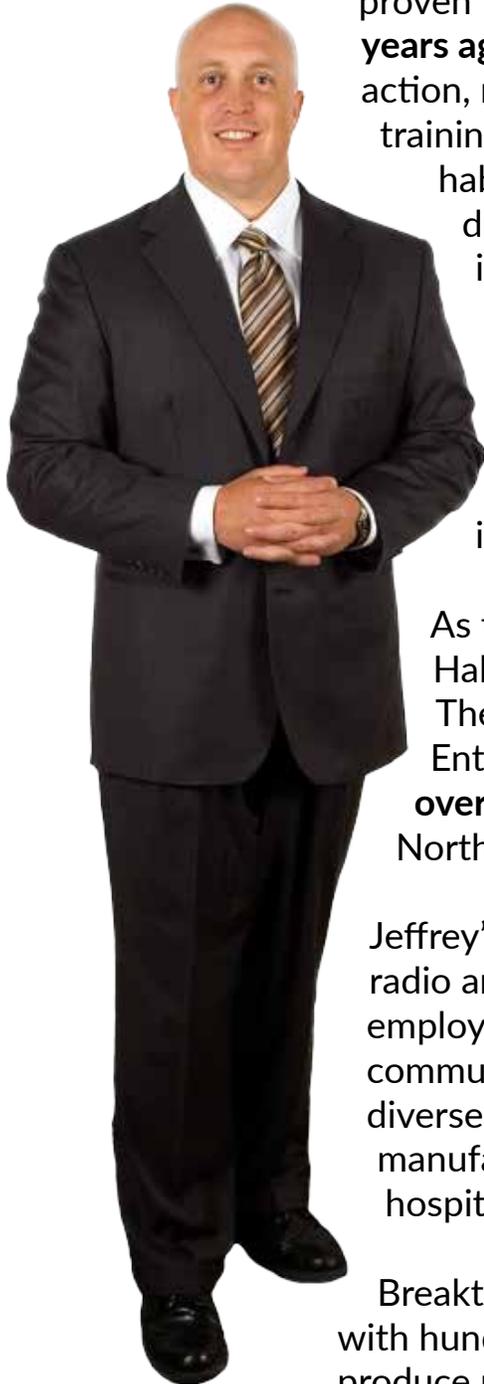
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MEET JEFFREY BENJAMIN



With over 3,000 presentations delivered Jeffrey Benjamin has a proven track record. Breakthrough Training™ was founded **27 years ago** in Reno, Nevada by Jeffrey Benjamin with a focus on action, not theory. That's why Breakthrough Training™ corporate training programs are centered on practicing the behaviors and habits that lead to more personal and organizational productivity. We don't use PowerPoint presentations or boring lectures. **We utilize audience participation to make the information impactful, relevant and engaging.**

Jeffrey's obsession with personal development started 30 years ago, and has led to creating a company that is focused on not just information, but application of information. **Action is the final of success!**

As the co-author in the best-selling book series Real Life Habits for Success® and a contributing author in the book, The Sleeping Giant: The Awakening of the Self Employed Entrepreneur, **Jeffrey has had the privilege of delivering over 3,000 presentations** to audiences from Asia, Europe, North America, South America and the Middle East.

Jeffrey's habits for success have been featured on over 500 radio and television shows. Breakthrough Training™ is an employee leadership development, team building training and communication skills training company that has worked with diverse industry clients including construction, manufacturing, finance, healthcare, education, real estate, hospitality and non-profit.

Breakthrough Training™ has a proven track record working with hundreds of companies and tens of thousands of people to produce results. That's why we offer a **100% Money-Back Guarantee!**